

**MOUNTAIN HIGH HIKERS CALENDAR**

**SUMMER 2010**

❖❖ Trails maintained by MHH

**## Designated Wilderness Area (limit 10 hikers/group in NC, 12 hikers/group in GA)**

<b>July 06 (B2) # 09:00</b>	<b>Deep Gap (4,341 ft) to the top of Standing Indian Mountain (5,498 ft.)</b> on the A .T. in N.C. This is a 5 mile round trip hike (3.5 hours) in the Southern Nantahala Wilderness Area: Carpool \$5 Ingles Parking Lot in Hayesville. Ingles to Deep Gap = 24.5 miles (18 mi Hwy 64, 6.5 mi FSR71) <b>Sue Sorice 706-745-1225</b>
<b>July 06 (C3 ) # 08:00</b>	<b>Benton MacKaye Trail from Hwy. 60 across Toonowee Mountain to the suspension bridge</b> and return for 7.2 miles ( ≈3:40 hrs) round trip. Elevation change 800 ft. in, 900 ft out. Approx. 25 mi. to trailhead. Carpool amount \$5.00 Park and Ride in Blairsville. Janice and Glen Boland 706-745-2798
<b>July 8 08:00</b>	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>July 13 (B2) 09:00</b>	<b>Emery Creek Falls.</b> 5 miles in and out, 3 hours. A delightful walk in the Cohuttas which ends in a pair of waterfalls: The first is 40-50 ft high, the second is about 25 ft high. The walk is along Emery Creek and involves about 12 stream crossings, so bring poles – should be nice and cool down by the creek. Optional meal out in Ellijay. 55 miles to trailhead .Carpool \$8 Meet at the Marathon Gas Station in Blue Ridge at Hwy 60/515. <b>Pam Sullivan 706-374-5281</b>
<b>July 13 (E3 ) # 08:00</b>	<b>Woody Gap to Lake Winfield Scott</b> via the AT and either the Jarrard Gap Trail for 6.8 miles or the Slaughter Creek Trail for 10 miles ( ≈ 4:30 hrs). Shuttle required. Carpool amount \$5.00 (\$ 5 FS fee or \$2.50 with Senior Pass at Lake Winfield Scott). Paced hike at 2+ mph. Approx. 15 mi. to trailhead. Choestoe Baptist Church parking lot on Hwy 180. <b>Joyce Woodward 706-745-5188</b>
<b>July 15 08:00</b>	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris. <b>Richard Sullivan 706-374-5281</b>
<b>July 16</b>	<b> tubing / hiking at Deep Creek NC:</b> A new spot for tubing, with a hike 1st in the morning while we wait for it to warm up. Dine out afterward. For info call: Pam Sullivan 706-374-5281 or pams11@tds.net
<b>July 20 (B3) # 09:00</b>	<b>Blood Mountain</b> via the Byron Herbert Reece Trail and AT. A 5 mile round trip hike ( ≈ 3:30 hrs) with 1,400 ft. climb in 2.5 mi., then descend. Splendid views from the top. Byron Herbert Reese parking area <b>Bert Kunze 706-896-3601</b>
<b>July 20 (D2 ) # 08:00</b>	<b>Warwomen Dell to Sandy Ford Rd.</b> near Clayton on the Bartram Tr. Trail is constantly undulating with several steep grades and many moderate ones. .This direction for the hike is a bit easier for summer hiking . A 9.4 mile hike. Approx. 35 mi. to trailhead. Car pool \$5 Macedonia Baptist Church parking lot east of Hiawassee <b>Mary Patrick 706-379-4170</b>
<b>July 22 08:00</b>	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>July 27 (B2) 09:00</b>	<b>Park Creek Trail with crossover to Park Ridge Trail</b> in Standing Indian area in N.C. 5 miles with some stream crossings (5 hrs ). One moderate climb. A favorite spring hike because of beautiful wildflower display. Approx. 25 mi. to trailhead. Ingles parking lot in Hayesville. \$3 carpool. <b>Nancy Shofner 404-881-6346</b>
<b>July 27 (D4 ) # 08:00</b>	<b>Cohuttas/Conasauga River hike.</b> We will hike down the Chestnut Lead Trail (1.8 miles) to the Conasauga River and follow the trail downstream 2.2 miles for a riverside lunch and return. Many tricky rocks and 38 water crossings - bring poles and wear hiking boots. Total 10.2 miles. Carpool \$5 Park and Ride in Blairsville, or at the Food Lion in East Ellijay at 08:30 18 miles to trailhead <b>Doug Haas 404-213-4958</b>
<b>Aug 03 (B2) ❖❖ # 09:00</b>	<b>Arkaquah Trail</b> from Brasstown Bald parking lot. An easy in and out hike of about 3 miles (2 hrs). Spectacular views. Some rough footing. Carpool \$2 Jacks Gap at base of Brasstown Bald on Hwy. 180. Dist to trailhead 1 mile one way <b>Jacob Dorn 1-828-835-7815</b>
<b>Aug 03 (C3 ) # 08:00</b>	<b>Green Mt Loop and Long Branch Trails</b> in Fannin County south of Blue Ridge. Easy to moderate 6 miles. Carpool amount is \$5.00. Approx. 25 mi. to trailhead. Park and Ride in Blairsville. <b>Jack Dugger 706-781-3377</b>

<b>Aug 5</b> 08:00	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>Aug 10</b> (C3) 09:00	<b>Benton MacKaye Trail from Hwy. 60 across Toonowee Mountain to the suspension bridge</b> and return for 7.2 miles (≈3:40 hrs) round trip. Elevation change 800 ft. in, 900 ft out. Carpool amount \$5.00 Park and Ride in Blairsville. 25 miles to trailhead <b>Wes Clonts 706-769-3234</b>
<b>Aug 10</b> (D5 ) 08:00	<b>Chestnut Mountain Loop</b> at the Ocoee Whitewater Center, TN. We will add another loop of the Tanasi Trails to make it a moderate 8 mile hike with beautiful vistas into the Gorge. Carpool amount \$5.00. Approx. 30 mi. to trailhead. SE corner of Hwy. 64 and 19/129 in NC <b>Jim Morgan 828-835-9053</b>
<b>Aug 13</b>	<b>Ducky trip on the Nantahala River:</b> We will take the more adventurous MHHers on one or two-person inflatable rafts on the beautiful Nantahala River. For more river info <a href="#">click here</a> . Duckies rent for \$27 for singles and \$48 for double duckies.
<b>Aug 17</b> (A2) ❖❖ 09:00	<b>Brasstown Resort Blue Trail.</b> This is a pleasant 2.6 mile hike with option to have lunch at the Brasstown Valley Resort afterwards. Meet at upper parking lot at the Resort. <b>Joyce and Gene Hall 706-781-9816</b>
<b>Aug 17</b> (C2 ) ❖❖ # 08:00	<b>Wagon Train Tr.</b> From Brasstown Bald parking lot to Young Harris College. This is a 6.5 mile hike, but it is all down hill. Shuttle or key exchange required. Carpool \$2 Sharp Mem Methodist Church then 14 miles to trailhead. <b>Phyllis Loman 706-896-5540</b>
<b>Aug 19</b> 08:00	<b>Georgia Trail Maintenance Day.</b> Bread of Life Restaurant in Young Harris. <b>Richard Sullivan 706-374-5281</b>
<b>Aug 24</b> (B2) 09:00	<b>Benton Mackaye Trail from Hwy. 60 at Wilsco Gap to Skeenah Gap.</b> This 5.3 mile section is constantly going up and down. Many of these short grades are steep. Shuttle required. (4 hrs). Carpool \$3. Approx. 30 mi. to trailhead. Park and Ride in Blairsville <b>Virginia and Greg Lane 706-745-8058</b>
<b>Aug 24</b> (D3 ) # 08:00	<b>Unicoi Gap to Chattahoochee Gap and return on the AT :</b> This hike is 8.8 miles ( 5 hrs) with some rough rocky footing; Take a trip off the trail to visit the spring where the Chattahoochee river starts. Side trip to Blue Mt. Shelter. Unicoi Gap on Hwy 75 south of Hiwassee <b>Frances Maney 706-896-9016</b>
<b>Aug 31</b> (A1) 09:00	<b>Dukes Creek Falls</b> on the Richard Russell Scenic Highway. Hike 2.2 miles round trip to the 250 ft. cascading falls. Elevation change is 360 feet. Approx.15 mi. to trailhead. Choestoe Baptist Church parking lot on Hwy 180. <b>Ben Kennedy 706-896-2669</b>
<b>Aug 31</b> (C2 ) # 08:00	<b>Benton MacKaye, Hemp Top, Jacks River trails.</b> We will start hiking from Watson Gap, enter the Cohutta Wilderness on the BMT, then use the Hemp Top and Jack's River trails to complete a circle and return over a 2.6 repeat of the BMT to Watson Gap again. About 8.3 miles (4:15 hrs). Carpool \$5.00 Approx. 20 mi. to trailhead. Home Depot parking lot in Blue Ridge, GA. Earlier meet at Park & Ride in Blairsville at 7:30. <b>Glen and Janice Boland 706-745-2798</b>
<b>Sept 2</b> 08:00	<b>NC Trail Maintenance Day</b> Ingles parking lot in Hayesville <b>Richard Sullivan 706-374-5281</b>
<b>Sept 07</b> (B2) ❖❖ # 09:00	<b>Raven Cliffs Trail.</b> A scenic 5 mile round trip hike along a cascading mountain stream to towering cliffs with two waterfalls (≈ 3:30 hrs). Some difficult footing due to erosion. Carpool amount \$3.00 Choestoe Baptist Church parking lot on Hwy. 180. Carpool info: 24 mile r/t to trailhead from Choestoe <b>Pam Sullivan 706-374-5281</b>
<b>Sept 07</b> (D2 ) 08:00	<b>Eagle Mountain near Hiwassee.</b> 9 mile loop with some steep climbing 1900ft elevation gain up to an elevation of 4240 . Come climb the mountain that along with Bell Mountain dominates the skyline from Hiwassee and Hayesville. Up close views of Bell Mountain, great views of Lake Chatuge. Carpool \$2.00 Meet at lower parking lot at Dill's in Hiwassee <b>Don Chesebro 706-896-1442</b>
<b>Sept 10</b>	<b>MHH Quarterly Meeting / Picnic at Ocoee Whitewater Center, TN:</b> Bring a picnic dish to serve 8. There will be hiking in the morning with a membership meeting to follow. River recreation and swimming hole available. <b>For info call: Pam Sullivan 706-374-5281 or <a href="mailto:pams11@tds.net">pams11@tds.net</a></b>
<b>Sep 14</b> (B4) 09:00	<b>Benton MacKaye Trail from Highway 60 across Licklog Mountain to Skeenah Gap.</b> A 5.5 mile (≈4 hrs) hike with 1,800 foot elevation change in first 3.2 miles. Short shuttle required. Approx. 25 mi. to trailhead. Park and Ride in Blairsville. <b>Janet Faist 706-7812634</b>
<b>Sep 14</b> (C2 ) # 08:00	<b>Woody Gap to Old Gooch Gap Shelter</b> on the AT. 7.8 miles round trip. A moderate hike with two nice viewpoints. Forest Service parking pass or \$2. Carpool amount \$5.00. Approx. 15 mi. to trailhead. Choestoe Baptist Church parking lot on Hwy 180 <b>Richard Sullivan 706-374-5281</b>

